

brainLight®-3D-Shiatsu Massage Chair FLOAT PLUS



brainLight®

LIFE IN BALANCE

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brainLight®-3D-Shiatsu Massage Chair FLOAT PLUS

Thank you very much for purchasing the **brainLight®**-3D-Shiatsu Massage Chair FLOAT PLUS! The 3D-FLOAT PLUS presents an upgrade of our 3D-FLOAT with a shoulder air pressure massage, foot sole massage and improved 3D technology. Through an optimised bodyscan, the chair adjusts the massage directly to your body and pampers you in the areas of your back, hips, shoulders, neck, feet and legs, using various Shiatsu massage and stretching techniques. You have chosen the perfect revitalisation for your body.

In order to get the best experience out of the various functions of your massage chair, please read this manual carefully before using it, especially the safety instructions.

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Safety Instructions

To prevent any damage, accident or injury, please consider the following safety instructions:

1. People with any of the following conditions are advised to consult their physician or therapist before using the chair:

- People with heart diseases
- People with malignant tumors
- Women during pregnancy or menstruation
- People with abnormalities or curvature of the spine
- People under medical treatment
- People with osteoporosis

People suffering from thrombosis or similar vein conditions are advised not to use the foot and calf massage functions. Children, those who are ill and disabled people should only use the chair under the supervision of an adult/carer.

2. Installation of the chair:

- Position the chair only on a flat, level surface.
- Do not place the chair in a dirty, oily, foggy or damp environment.
- Do not expose the chair to direct sunlight and do not place it too close to other electrical appliances.

3. Before the application:

- Please read the safety instructions thoroughly before using your chair.
- People who weigh over 130kg / 20.5 stone / 286 lbs are not permitted to use the chair.

Safety Instructions

4. During the application:

- Do not allow children to play on the chair.
- Keep hands and feet away from the mechanics of the chair.
- Do not use the chair when it is wet and do not operate the chair with damp hands.
- Sit in the chair in an upright position.
- Do not insert any objects into the mechanics, seat cushion or footrest of the chair.
- The massage chair should not be used by more than one person at any time.
- Do not eat or drink while using the massage chair.
- Folding back the neck cushion results in a stronger massage in the neck area.

5. After the application:

- We recommend that after every use of the chair – as is recommended after any type of massage – you drink plenty of water, in order to help the removal of toxins and waste from the limbic system.
- Please unplug the power cord from the wall socket when the chair is not in use.

6. Do not take the chair apart!

- Do not attempt to dismantle, repair, or modify the chair without the technical guidance of **brainLight®** GmbH.
- Do not clean the chair with alcohol or evaporative solvents.
- Unplug the power cord when cleaning or maintaining the chair.

Footrest and Armrests

Caution: In order to avoid injury and damage to the chair, please do not sit or stand on the footrest and please do not lean or sit on the armrests.

Safety Instructions

Caution:

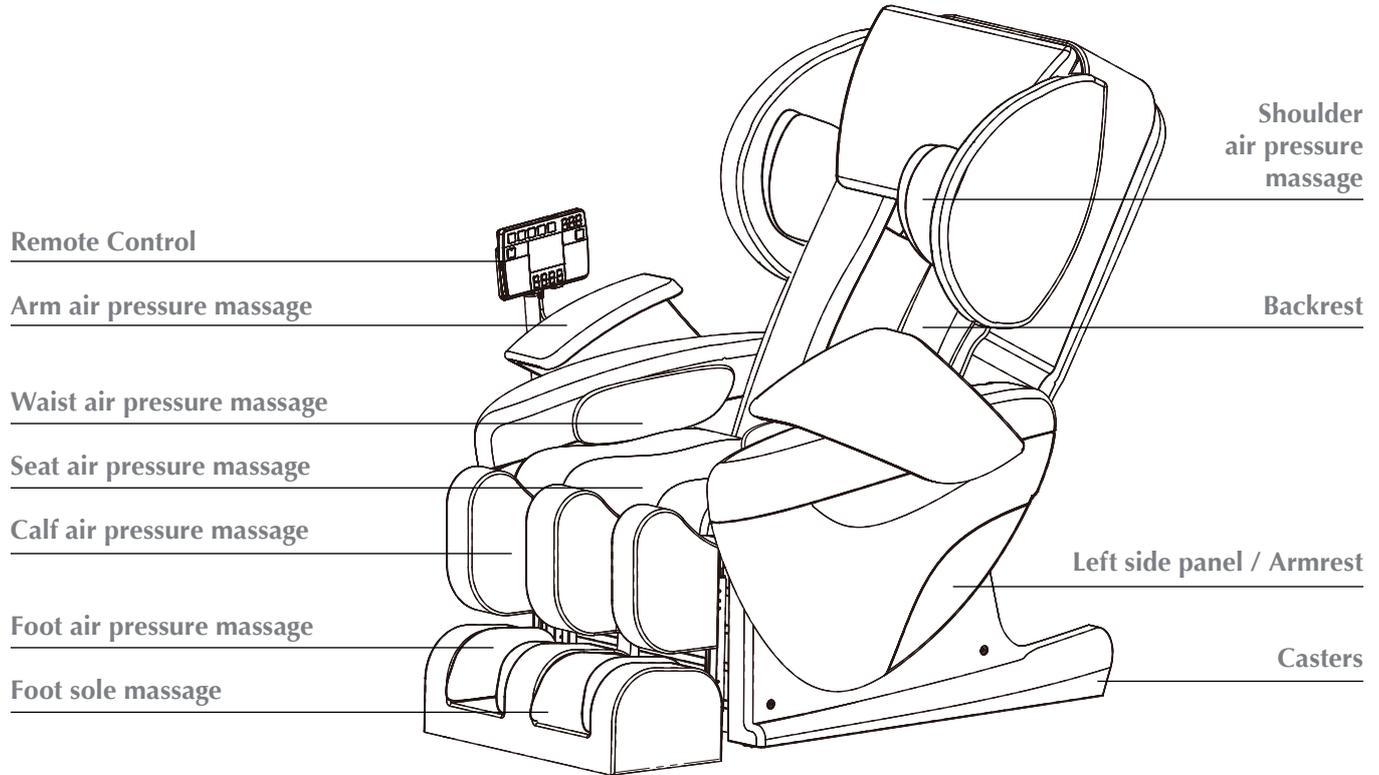
- If you feel unwell or ill when using the chair, pause your session immediately by pushing the POWER-button.
- Unplug the power cord and do not use the chair if the leather or fabric cover is torn or worn-out. Contact the maintenance department at **brainLight**® GmbH.
- If you use greasy hair products, please place a towel under your head in order to protect the cover material of the chair.
- Please handle the remote control with care and operate using dry hands. A light touch with your fingertips is enough to operate the chair. Please do not use any other, particularly sharp, objects to operate the remote control (pens, fingernails etc.).

HEAT Function

In order to avoid the chair becoming uncomfortably hot, we advise you to wear appropriate clothing when using the heat function.

- Children, disabled people and those with reduced sensory perception should not use the HEAT function.
- Do not use the HEAT function for longer than 30 minutes at one time. Allow the massage chair a few minutes to cool down before using it again. Continuous use of the HEAT function can lead to overheating.
- For optimal well-being, we recommend the use of the HEAT function in combination with the massage functions.
- Turn off the HEAT function separately before switching off the whole chair using the POWER button.

Massage Chair Components

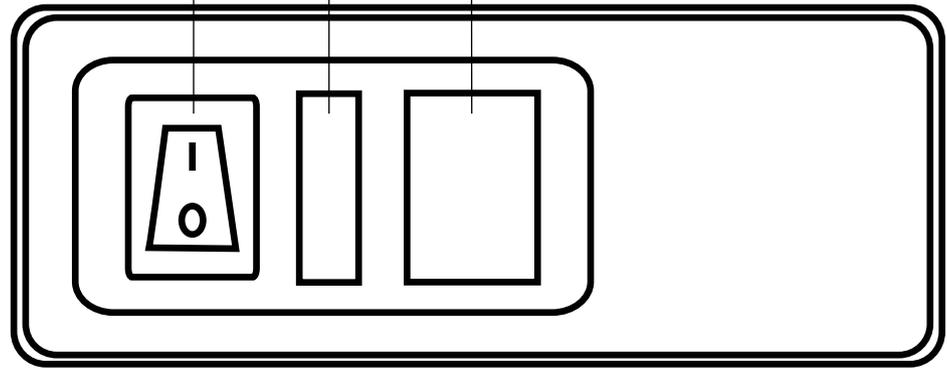


Massage Chair Components

Power Cable Connection

Cartridge with Main Fuse

ON/OFF Switch



Main Switch Box

Setup Instructions

If your massage chair was delivered by **brainLight® GmbH**, the following 12 steps have already been carried out for you.

Step 1

Remove all packaging material. If you use sharp or pointed tools, make sure not to damage the chair and the accessories.

Step 2

Pull back the backrest until it snaps in with a "click" sound.

Step 3

Put the side panels to the left and right of the chair. For protection, please place a thick piece of material or a rug on the floor under the side panels. On both sides, you will find 3 colour-coded air hoses. Connect the air hoses on the armrests with the respective coloured air hoses attached to the chair.

Step 4

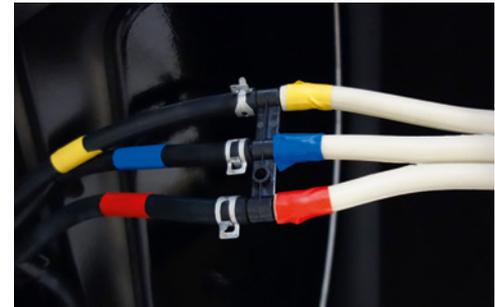
Secure the 3 colour-coded air hoses with the metal clamp.

Step 2



The backrest locks into place with a „click“ sound when folded up.

Step 3 - 4



Connect and secure the air hoses (3 air hoses on each side of the chair).

Setup Instructions

Step 5

Subsequently, screw the side panels to the left and right side of the chair frame. The 6 screws required for this are packed separately (3 screws for each side panel). Please make sure that the screws are sufficiently tightened.

Step 6

Pull out the air hoses in the shoulder area on the backrest about 8 cm on both sides.

Step 7

Connect each of these air hoses with the L-shaped connecting pieces of the shoulder massage units and push the air hoses around 5 cm back into the backrest.

Step 8

Affix the shoulder massage units at the top and the bottom with the screws that are already attached to the back frame. Fasten the two zips on the left and right side of the back frame cover.

Step 5



Affix the armrests with 3 screws on each side.

Step 8



Affix the shoulder massage units with the pre-attached screws – 2 on each side.

Setup Instructions

Step 9

Install the remote control holder: loosen the 3 pre-attached screws on the outside of the right armrest with a cross-tip screwdriver, position the holder and mount it with the same 3 screws. Put the remote control in the bracket.

Step 10

Pick up the backrest overlay. The side on which you can see two small cables is the top end. Connect these 2 cables with the same-coloured cables on the back frame of the massage chair and please make sure that the transparent plastic spouts fully cover the joints.

Step 11

Place the neck cushion over the backrest overlay.

Step 12

Connect the power cable with the main switch box on the chair and plug it into a wall socket. Check again to ensure all steps are complete – your chair is now ready for use.

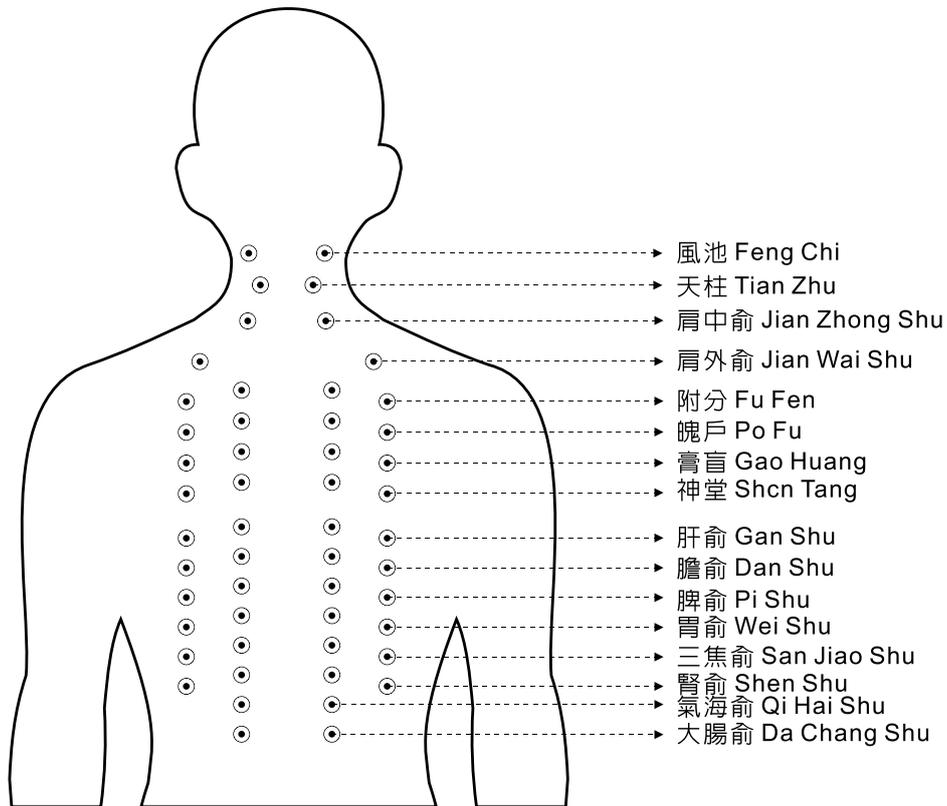
Step 9

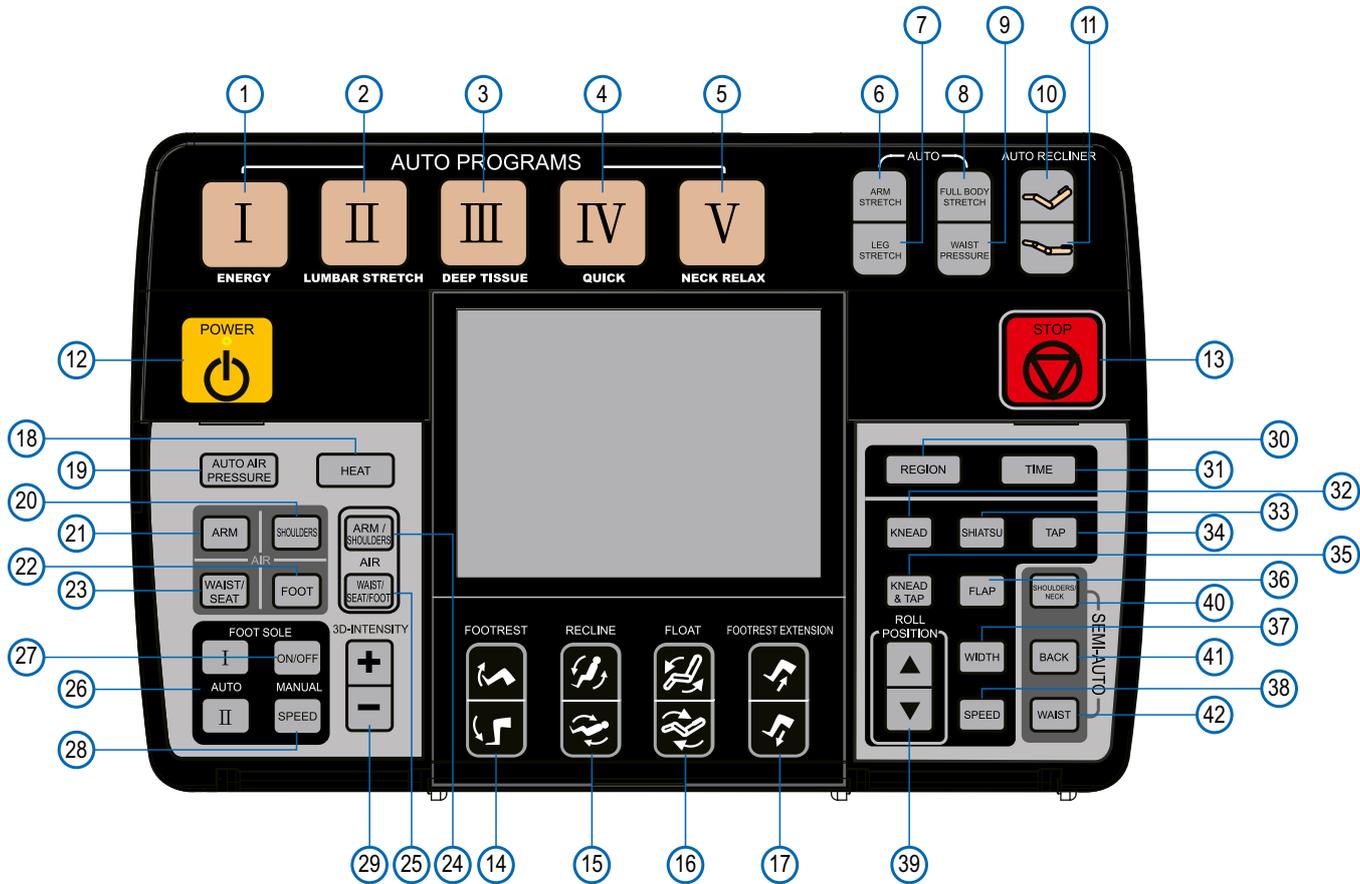


Mount the remote control holder with the 3 pre-attached screws.



Acupressure Points





Massage and Remote Control Functions

AUTOMATIC PROGRAMS (BUTTONS 1 – 9)

- 1 **I** ENERGY Press this button for the 18-minute automatic program ENERGY. After a tiring day at work or exhaustion from the day before, this program helps to overcome fatigue and gain new strength in a short amount of time.
- 2 **II** LUMBAR STRETCH Press this button for the 18-minute automatic program LUMBAR STRETCH. Sitting at a desk for long periods of time will particularly strain the lumbar spine. This stretch program helps to relieve stress and alleviates spinal pain caused by long-term burdens.
- 3 **III** DEEP TISSUE Press this button for the 18-minute automatic program DEEP TISSUE. Stretching and massaging the bones in the hands and feet initiates the relaxation of the whole body. We recommend to let this program take effect by subsequently choosing one of the two AUTO RECLINER positions (buttons 10 and 11).
- 4 **IV** QUICK Press this button for the 9-minute automatic program QUICK. If you are looking for a quick all-round relaxation, we recommend this massage experience.

The automatic programs I, II, III, and IV have the following options:

Press once: 100 % air pressure intensity, press twice: 50 % air pressure intensity, press three times: 20 % air pressure intensity

Massage and Remote Control Functions

- 5  **NECK RELAX** With this button you can select the automatic program NECK RELAX. You have two different program lengths to choose from: Press once for a 15- and twice for a 20-minute program duration. The combination of a neck massage and different stretching techniques releases tension in the head and limbs.

The automatic program V has the following options:

Press once: 15-minute program with 100 % air pressure intensity, press twice: 20-minute program with 100 % air pressure intensity, press three times: 20-minute program with 50 % air pressure intensity, press four times: 20-minute program with 20 % air pressure intensity.

The automatic programs I to V each begin with a back scan in order to adjust the massage optimally to your body. The footrest will adjust itself automatically according to your leg length.

- 6  **ARM STRETCH** 7-minute automatic program, primarily for stretching the arms and hands. The footrest automatically adjusts itself to your leg length.
- 7  **LEG STRETCH** 7-minute automatic program, primarily for stretching the legs and feet. The footrest automatically adjusts itself to your leg length.
- 8  **FULL BODY STRETCH** 8-minute automatic program for stretching the whole body. The program begins with a back scan in order to adjust the massage optimally to your body and the footrest adjusts itself automatically according to your leg length.

Massage and Remote Control Functions

9 WAIST PRESSURE

8-minute automatic program that primarily relaxes the waist using air pressure. The program begins with a back scan in order to adjust the massage optimally to your body and the footrest adjusts itself automatically according to your leg length.

AUTOMATIC RECLINE POSITIONS (BUTTONS 10 – 11)

10 AUTO RECLINER: FLOAT

Sitting at a desk or standing for a long period of time creates great pressure on the waist and pelvis. The reclined position FLOAT helps to reduce this pressure and general exhaustion. This position is held for around 30 minutes before the massage chair returns back to the starting position.

11 AUTO RECLINER: INVERSION

Medical studies show that brain activity depends on the oxygen content in the brain. Holding the body in the inversion position (feet are positioned higher than the head) for 15 minutes allows the enriched, oxygenated blood to flow to the head, stimulating brain activity and therefore improving cognitive and memory performance – essential for the health of the brain. The position is held for around 35 minutes before the massage chair returns back to the starting position.

Massage and Remote Control Functions

BASIC SETTINGS (BUTTONS 12 – 18)

- 12  **POWER** Press this button to switch the massage chair on/off. When switched off, the massage chair and massage rolls return back to the starting position.
- 13  **STOP** Press this button to end a massage program. The massage rolls will automatically go back to their starting position, while the massage chair maintains its current position.
- 14  **FOOTREST** Press this button to adjust the angle of the footrest.
- 15  **RECLINE** Press this button to adjust the recline angle of the massage chair.
- 16  **FLOAT** Press this button to adjust the angle of the seat. Your body's center of gravity is shifted so that you experience a feeling of weightlessness and floating.
- 17  **FOOTREST EXTENSION** Press this button to adjust the length of the footrest.
- 18  **INFRARED HEATING FUNCTION** Press this button to turn on/off the infrared heat function of the massage chair. It revitalises your cells and improves the blood flow in the back area.
-

Massage and Remote Control Functions

AIR PRESSURE MASSAGE (BUTTONS 19 – 25)

- | | | |
|----|-------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 19 |  Automatic air pressure massage | 10-minute program that massages the shoulders, arms, hands, feet, calves, waist and seat area using air pressure. |
| 20 |  Shoulder air pressure massage | 7-minute program that massages the shoulders using air pressure. |
| 21 |  Arm and hand air pressure massage | 7-minute program that massages the arms and hands using air pressure. |
| 22 |  Foot and calf air pressure massage | 7-minute program that massages the feet and calves using air pressure. Air pressure massage on the legs and feet helps against edemata, stretches the leg muscles and beautifies the leg contours. |
| 23 |  Air pressure massage in the waist and seat area | 7-minute program that massages the waist and seat area using air pressure. |
| 24 |  Air pressure massage in the arm, hand and shoulder area | 10-minute program that massages the arms, hands and shoulders using air pressure. |
| 25 |  Air pressure massage in the waist, seat, foot and calf areas | 10-minute program that massages the waist and seat area, as well as the feet and calves using air pressure. |

Massage and Remote Control Functions

All air pressure massage programs have the option of 3 intensity levels:

Press once = soft, press twice = medium, press three times = hard. You can change the duration of a program by using the TIME button (button 31). You can adjust the recline position according to your wish using buttons 14 - 17.

MESSAGE FOR THE SOLES OF THE FEET (BUTTONS 26 – 28)

26  Automatic foot sole massage


Two 7-minute programs that massage your feet using alternating speeds. You can adjust the duration of the massage using the TIME button.

27  Turning the manual
foot sole massage on/off
MANUAL

Use this button to turn the manual foot sole massage on and off (press twice → off).

28  Speed of the manual
foot sole massage

Use this button to adjust the speed of the manual foot sole massage (3 levels, preset to level 1).

MANUAL BACK MASSAGE (BUTTONS 29 – 39)

29 3D-INTENSITY
 3D massage intensity

Press these buttons to push out or retract the massage rolls. This allows the rolls to massage your desired points more accurately and release targeted tense muscles.

Massage and Remote Control Functions

- 30 **REGION** **Choice of massage region** Press these buttons to choose from 4 different regions for the manual massage functions: shoulder and neck area, middle back, lumbar region and whole back.
- 31 **TIME** **Adjusting the massage time** Press this button to adjust the massage time for the manual functions. The duration is displayed on a digital time bar.
- 32 **KNEAD** **Kneading massage** Press this button to turn the kneading massage on/off (press twice → off). With the respective button, you can adjust the SPEED of the kneading massage to your needs (6 levels, preset on level 3).
- 33 **SHIATSU** **Shiatsu massage** Press this button to turn the Shiatsu massage on/off (press twice → off). With the respective button, you can adjust the WIDTH of the massage rolls to your needs (3 levels).
- 34 **TAP** **Tapping massage** Press this button to turn the tapping massage on/off (press twice → off). With the respective buttons, you can adjust the SPEED of the tapping massage (6 levels, preset on level 3) and the WIDTH of the massage rolls to your needs (3 levels).

Massage and Remote Control Functions

- 35  **Kneading and tapping massage** Press this button to turn the kneading and tapping massage on/off (press twice → off). With the respective button, you can adjust the SPEED of the kneading and tapping massage to your needs (6 levels, preset on level 3).
- 36  **Flapping massage** Press this button to turn the flapping massage on/off (press twice → off). Using the respective buttons, you can adjust the SPEED of the flapping massage (3 levels, preset on level 1) and the WIDTH of the massage rolls to your needs (3 levels).
- 37  **Width of the massage rolls** Press this button to adjust the width of the massage rolls: **w**ide, **m**edium or **n**arrow. This does not work for KNEAD or KNEAD & TAP.
- 38  **Massage speed** Press this button to adjust the massage speed of the manual functions. You have up to 6 different levels to choose from.
- 39  **Position of the massage rolls** Push these buttons to set the precise position of the massage rolls for the manual functions (buttons 32 - 36). You are not able to choose a REGION in addition to this (→ press the REGION button until the display no longer shows a chosen region).

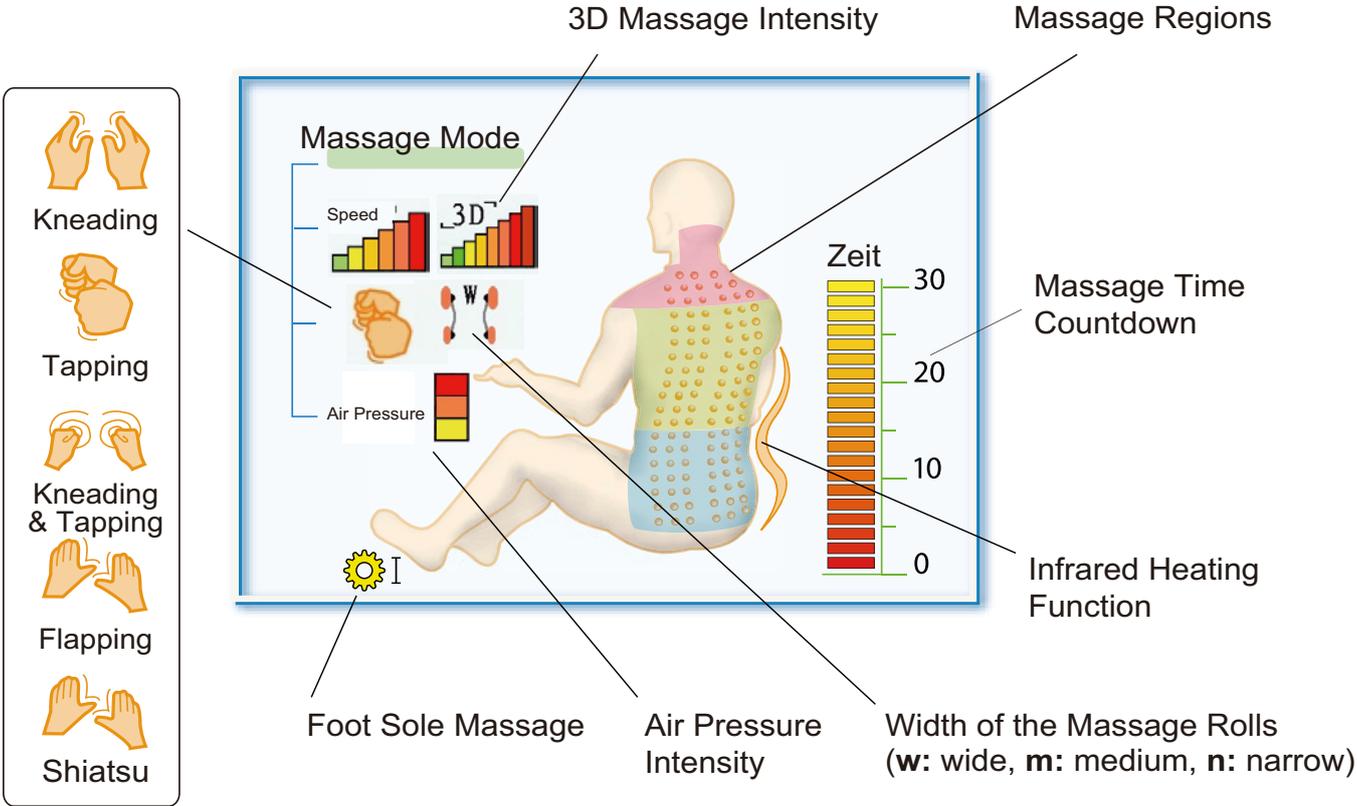
Massage and Remote Control Functions

HALF-AUTOMATIC BACK MASSAGE (BUTTONS 40 – 42)

- 40  **Shoulder and neck massage** 12-minute massage program, primarily for the shoulder and neck area.
- 41  **Massage of the middle back** 12-minute massage program, primarily for the middle back.
- 42  **Lumbar massage** 12-minute massage program, primarily for the lumbar area.

The half-automatic back massage programs each begin with a back scan in order to adjust the massage optimally to your body. You can change the duration of the program using the TIME button. You can adjust the recline position according to your wish using buttons 14 – 17.

LCD Features



General Instructions for Use

Plug in the power cord and then turn on the power switch on the right side of the backrest. Decide between the automatic/half-automatic massage programs and the manual massage functions.

Automatic and half-automatic programs:

If you choose an automatic or half-automatic program, a combination of different massage functions with a preset duration begins. With the automatic programs, the chair automatically adjusts to the recline position, whereas with the half-automatic programs you must set this yourself.

The automatic programs I-V, WHOLE BODY STRETCH and WAIST PRESSURE, as well as the half-automatic programs SHOULDERS/NECK, BACK and LUMBAR carry out an automatic back scan before the program begins. This identifies the acupressure points and the length of your body in order to optimise the effect of the massage. Using the following buttons, you can adjust the seat and recline position to the exact position that is most comfortable for you: FOOTREST, RECLINE, FLOAT, FOOTREST EXTENSION.

1. Please take note that the massage in the following automatic programs begins after the chair has adjusted to the correct recline angle: I ENERGY, II LUMBAR STRETCH, III DEEP TISSUE, IV QUICK, V NECK RELAX, ARM STRETCH, LEG STRETCH, FULL BODY STRETCH and WAIST PRESSURE.
2. With the half-automatic buttons SHOULDERS/NECK, BACK and LUMBAR, you can set a massage program for the respective body region. The air pressure massage functions (AUTO AIR PRESSURE, SHOULDERS, ARM, FOOT, WAIST/SEAT, ARM/SHOULDERS and WAIST/SEAT/FOOT) can be added, or selected separately.
3. As an alternative to the massage programs, you have the option to choose one of the AUTO RECLINER positions.

General Instructions for Use

Manual massage functions:

1. Press the TIME button to set the desired duration for the massage.
2. Choose the desired type of massage with the respective button: KNEADING, SHIATSU, TAPPING, KNEADING & TAPPING or FLAPPING.
3. Adjust the WIDTH, SPEED, HEAT, REGION and 3D-INTENSITY according to your wish using the respective buttons.
4. The air pressure massage functions (AUTO AIR PRESSURE, SHOULDERS, ARM, FOOT, WAIST/SEAT, ARM/SHOULDERS and WAIST/SEAT/FOOT) can be added, or selected separately.
5. The foot sole massage functions (AUTO I and II, MANUAL) can be added, or selected separately.

Press the STOP button to terminate a massage program. The massage rolls automatically return to their starting position, while the massage chair maintains its current position. Press the POWER button to switch the massage chair off. The chair and the massage rolls return back to their starting positions.

Please turn off the massage chair after use and remove the power cord from the wall socket.

Troubleshooting: No Power

Troubleshooting

Problem: No power

1. Make sure the chair is switched on. The power switch is located on the right side of the backrest. The icon “–” has to be pushed inwards. If you still have no power, continue to step 2.
2. Check both ends of the power cord and make sure it is securely plugged into the chair as well as into the wall socket. If you still have no power, continue to step 3.
3. Test the wall socket with another appliance. If the socket works but the chair doesn't, continue to step 4.
4. Exchange the main fuse (7 ampère) of the chair (see next page).

How to Replace the Main Fuse

Please note: Always turn off the chair and unplug the power cord from the wall socket when replacing any part/s.

How to Replace the Main Fuse (near the ON/OFF switch)

Unplug the power cord from the chair itself. (Picture 1)

Use a small flathead screwdriver to carefully unhinge the fuse cartridge and pull it out. (Pictures 2-3)

Replace the fuse in the clamp (fuse currently in use) with the fuse in the square enclosure (spare fuse). Additional fuses (7 amp) can be purchased at any local electric shop. (Picture 4)

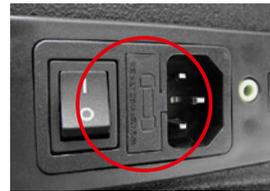
Push the cartridge with the exchanged fuse back into place.

Plug the power cord back into the chair.

Test whether the chair works. You should hear a "beep" sound when you switch on the chair.



Picture 1:
Remove the power cord



Picture 2:
Fuse cartridge



Picture 3:
Unhinge the fuse cartridge with a flathead screwdriver



Picture 4:
Replace the fuse and push the fuse cartridge back in place

Product Specifications

Product Specifications

Product name:

brainLight®-3D-Shiatsu Massage Chair FLOAT PLUS

Vertical range of the massage rolls: 77 cm

Position angles of the chair: 110° – 216°

Operating voltage: AC 220 – 240 V; 50 Hz – 60 Hz

Wattage: 150 W

Motor voltage: DC 24 V

Weight: 107 kg +/- 3 kg

Dimensions: Approx. L 140 (195) cm x W 105 cm x H 120 (93) cm

(The numbers in brackets relate to the dimensions of the chair reclined fully with the footrest in horizontal position.)

Relaxation technology Made in Germany!
Has won multiple awards for: high quality, design, functionality, ergonomics and innovation.



Nominated for the European HEALTH & SPA AWARD

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